

# My Voice

Hello, today I will be discussing the topic of how young kids can have a voice in America's democracy. Typically, we assume children can not be of service to or have a say in all that is going on with America. On this topic, I believe that if we truly attempt to make a difference we could really help! I can have a voice in America's democracy by joining specific groups or organizations who help others and accept youth volunteers. For example, my school has a group called Project Love! All children and adults involved in this organization are a big help in our community. In this group, we spread kindness to our school and help the students to stay positive.

There are varieties of places to volunteer. A considerable option is a homeless shelter where you can always go to help individuals and families who struggle to get back on their feet. Some homeless shelters have children help out by packing and preparing daily meals. Another place that will accept children volunteers is certain children's hospitals. Many who stay in hospitals need social interactions with others similar in age. We can help by reading to them; having conversations with them; and providing extra support.

Another way for children to have a voice in democracy is influencing family members or adults in our life to vote. As of now, we are not at the age to vote; however, we can always encourage voting for the people we are surrounded by. Voting is a big part of what makes America.

Lastly, from my own personal experience, I have been involved with a non profit organization called United Way. In 2023, I was a United Way ambassador for our local United Way. As an ambassador I helped raise funds that help out children, families, and adults who have experienced hardships. Being involved with this organization has been enlightening and inspirational for me. Just attending events for this has impacted me in many ways and gave me a better idea on what it truly means to help people.

I do believe that children can have a say in America's democracy. I have learned this through my knowledge and experiences. Many people in America could use help and even the smallest things can be impactful. In conclusion, there are many opportunities for children that give them a chance to help and influence America's democracy.